

ReSound Live™ TS

TINNITUS SOLUTION

Tinnitus Handicap Inventory (THI) Questionnaire

The purpose of this scale is to identify the problems your tinnitus may be causing you and determine benefit of any Tinnitus Retraining Therapy. Please circle "Yes," "Sometimes," or "No" for each question. Do not skip any questions.

NAME: _____

DATE: _____

		4	2	0	SCORE
1.	Because of your tinnitus is it difficult for you to concentrate?	Yes	Sometimes	No	
2.	Does the loudness of your tinnitus make it difficult for you to hear people?	Yes	Sometimes	No	
3.	Does your tinnitus make you angry?	Yes	Sometimes	No	
4.	Does your tinnitus make you confused?	Yes	Sometimes	No	
5.	Because of your tinnitus are you desperate?	Yes	Sometimes	No	
6.	Do you complain a great deal about your tinnitus?	Yes	Sometimes	No	
7.	Because of your tinnitus do you have trouble falling to sleep at night?	Yes	Sometimes	No	
8.	Do you feel as though you cannot escape your tinnitus?	Yes	Sometimes	No	
9.	Does your tinnitus interfere with your ability to enjoy social activities (such as going out to dinner, to the cinema)?	Yes	Sometimes	No	
10.	Because of your tinnitus do you feel frustrated?	Yes	Sometimes	No	
11.	Because of your tinnitus do you feel that you have a terrible disease?	Yes	Sometimes	No	
12.	Does your tinnitus make it difficult to enjoy life?	Yes	Sometimes	No	
13.	Does your tinnitus interfere with your job or household responsibilities?	Yes	Sometimes	No	
14.	Because of your tinnitus do you find that you are often irritable?	Yes	Sometimes	No	
15.	Because of your tinnitus is it difficult for you to read?	Yes	Sometimes	No	
16.	Does your tinnitus make you upset?	Yes	Sometimes	No	
17.	Do you feel that your tinnitus has placed stress on your relationships with members of your family and friends?	Yes	Sometimes	No	
18.	Do you find it difficult to focus your attention away from your tinnitus and on to other things?	Yes	Sometimes	No	
19.	Do you feel that you have no control over your tinnitus?	Yes	Sometimes	No	
20.	Because of your tinnitus do you often feel tired?	Yes	Sometimes	No	
21.	Because of your tinnitus do you feel depressed?	Yes	Sometimes	No	
22.	Does your tinnitus make you feel anxious?	Yes	Sometimes	No	
23.	Do you feel you can no longer cope with your tinnitus?	Yes	Sometimes	No	
24.	Does your tinnitus get worse when you are under stress?	Yes	Sometimes	No	
25.	Does your tinnitus make you feel insecure?	Yes	Sometimes	No	

TOTAL YOUR POINTS (ADD THE NUMBERS IN THE LAST COLUMN)